Tough Questions *to ask about home rehab.*

This simple questionnaire will help you identify areas for improvement in your home rehab program.

Monday

1 **What are the 5 top strengths of your home rehab program now? What stands out most to you?**

Order worksheets today: Scan the QR code or visit Hope-Program.com

These answers *can pinpoint your goals.*

Stay grounded and motivated— these questions can guide your home rehab journey.

Tuesday

2 Now that you're home, what are you doing that is Better? What seems to be more challenging?

These options *could be your edge.*

These 5 answers will strengthen your efforts and bring clarity to areas that need improvement.

Wednesday

3 Can you list 5 areas where your home rehab efforts are getting much stronger?

Inquiries that illuminate *the path ahead.*

Discover five key opportunities to unlock growth by addressing insufficient training gaps.

Thursday

4 **Can you list 5 areas where home rehab efforts seem weak, by lack of experience or by your sketchy execution?**

Q&A sessions get *the cards up on the table.*

There's no simple yes or no answer—only one that asks family members to find solutions that rise above individual goals and serve the greater good.

Friday

5

Can you talk openly about your home rehab problem areas with your spouse and family?

Think big *and build upon your dreams.*

After six months, your goals should be taking shape. Take a step back and write down your top 6 achievements.

Saturday

6 In the past 6 months, what are the **5** most important improvements that you've made?

Do this exercise monthly *to track and reflect on your progress.*

Now that you've lived a few dreams, what comes next?
Where do you go from here—and how will you top what you've already achieved?

Sunday

7 What are the top 3 most improtant improvements you still need to make at home now?